

Dear Valued Parents/Guardians,

I would like to take this opportunity to introduce myself, my name is Amber Scott and I am the Crisis Intervention Counselor for Mullendore Elementary. I am a licensed clinical social worker and this is my second year with Birdville ISD. Prior to BISD, I have worked in other school districts over the past twelve years as a mental health professional/counselor. This year I am blessed to split my time between Foster Village Elementary and Mullendore Elementary. I enjoy helping students feel successful and in control of their own emotions and behaviors.

Sometimes our students face challenges while they are at school and they need someone to talk to and help them with what they are feeling. As the Crisis Intervention Counselor my primary responsibility is to promote the academic, personal, and social development of all students. I look forward to offering support to the students, staff, and families at Foster Village. I am on campus each Thursday & Friday, alternating Wednesday's.

Services Provided

As the Crisis Intervention Counselor; I have the privilege to work with every single student in the school. I plan on working with students at the classroom level, small group level, as well as at the short-term individual counseling level.

GROUP COUNSELING: Group counseling is provided for small groups of students experiencing similar concerns. These may include making and keeping friends, emotional regulation/anger management, coping with separation/divorce and or loss, and/or improving self-esteem. The groups generally range from 4 to 6 students and last for 6 to 8 sessions. The students for these groups can be recommended by parents/guardians or by staff members.

INDIVIDUAL COUNSELING: short term one-on-one counseling support is available to all students. Students may self-refer or be referred to the counselors by teachers/staff and/or parents. **Confidentiality is respected.**

CONSULTATIONS: I am available to have meetings with teachers, administrators and/or parents to discuss the needs of individual students. I can make referrals to outside agencies if more intervention is needed. I am here for **all students** and want to ensure that your child has a productive and positive school year.

****Confidentiality****

Please note that all information discussed is confidential between me and your child, unless they are planning on hurting themselves, hurting someone else or someone is hurting them.

Please feel free to email me if you have any questions or concerns. amber.scott@birdvilleschools.net



Kindest Regards,

Amber Scott, LCSW,
Crisis Intervention Counselor, Mullendore Elementary