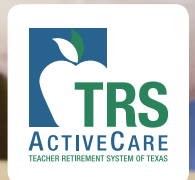


Quality health plans & benefits
Healthier living
Financial well-being
Intelligent solutions

aetna®

You're busy. We can help.

**Sign up for your secure member
website — Aetna Navigator®**



More than a website — it's your one-stop for better health and wellness

As a TRS-ActiveCare plan participant, you have access to your secure Aetna Navigator member website. There you will find the tools and resources to help manage your plan, and reach your health and wellness goals.

It all starts with a quick, one-time registration

1. Have your Aetna Member ID number handy
2. Visit www.trsactivecare.aetna.com and click "Register on Aetna Navigator"
3. Follow the prompts to create a user name and password

Log in 24/7 to find a wealth of information about your health and your health plan

Get plan details

- See who and what is covered under your TRS-ActiveCare plan
- View your claims and what the plan paid for each

Look up doctors and health information

- Find network doctors that take your insurance
- Estimate your cost for care
- Research health information based on where you live, your health plan and more

Access your health records

- Order ID cards, get forms and more
- Store your personal health information securely

Work on your wellness

- Take a health assessment and get back a personalized action plan
- Access all the extras that come with your health plan



Say yes to electronic communications

You'll get e-mails that help you manage your health, information about upcoming enhancements, Aetna's e-newsletter and more. Click "Your Profile" on your home page and follow the prompts.



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