

Spotlight On: Input

People strong in theme of input collect things—objects, items or information and ideas. The collection depends on the interests of the person. People with input as a signature theme often enjoy reading and sometimes it might be an encyclopedia or a dictionary. They enjoy learning new words or facts.

Part of collecting is finding ways to store the objects and information. Often, a person strong in the input theme will develop a variety of methods to keep and access the many collections. Parting with or throwing away items may be difficult.

Those who value input always want to know more and gather information. They are

naturally curious and find a variety of topics interesting. When working in a group, those with input provide the small details and information. Coworkers can rely on them to seek out and research information, ideas, or related books and articles on the topic. Input people enjoy surfing on the Internet or visiting the library.

People who are strong in the input theme are excellent teachers as they enjoy learning and processing new information continually. They also enjoy sharing their knowledge. Other common career paths include research or library/media specialist.

Words that describe input are collectors, inquisitive, readers, researchers, savers, gatherers, and archivists.



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Books about Strengths:

- Teach with your Strengths by Liesveld & Miller
- StrengthsQuest by Clifton & Anderson
- How Full is Your Bucket by Rath & Clifton

Your NEW New Year's Resolution

This newsletter has previously covered the Gallup position on New Year's Resolutions. Succinctly put, Gallup believes that no one should make a New Year's Resolution, basically because it requires fixing a weakness, which will often

prove to be an impossibility. So how do we change our lives for the better and begin to create a positive environment in our lives?

Dr. Phil McGraw, psychologist and talk show host, says,

“resolutions are fueled by emotions and the problem with emotions is, they're fickle.” (p. 114, Good Housekeeping, January 2007). Gallup would agree with this philosophy, but would add that for real change (cont'd)



Organization

BIRDVILLE ISD

North Ridge Middle School
7332 Douglas Lane
North Richland Hills, Texas 76180

Phone: 817-547-5200
www.birdville.k12.tx.us

Do you RECOGNIZE
us.....



Thanks to the support of BISD, Strengths is becoming part of the culture of our district. The more we know about ourselves and our talents, the stronger we will be as educators.

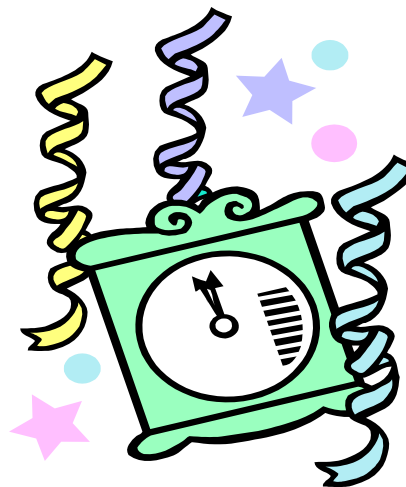
Any employee is eligible to take part in the assessment and training. New teachers receive training at the beginning of their service in the district. Veteran teachers and staff are taking part in the assessment and receiving coaching during staff development. The district has several Strength Coaches available to assist individuals and groups understand the assessment and how to apply it in the workplace. If you need further information, contact Jennifer Gotuaco via email.

NEW New Year's Resolution (Cont'd)

to occur, the change must be in line with a person's strengths.

Take for example a person's desire to lose weight—a very common resolution. This year, instead of just trying to “eat less” apply your strengths in the application of the goal and make a meaningful plan to reach your achievement. If you are a Relator, you may find success by partnering with a diet or work out buddy. If you are a Learner, read and study about different weight loss methods to find one that will work for you. If you are Discipline, use your strengths to plan your meals and work out schedule. Your strengths are the guide to your success.

Are there some resolutions that will never be successful?



According to Gallup, yes. If you do not possess a talent in some area, you may never find

success. However, your themes may account for your success. For example, it might appear that in order to be a successful coach, one would need to possess the theme of competition. However, a great coach may have the talents of focus, relator, developer, achiever, and/or positivity which would enable a person to be very successful.

This year, when making your New Year's resolution, think about what you do best and how you do it. Allow these strengths to guide a permanent and positive change in your life this year. As Dr. Phil says, “people don't break habits—they replace old behaviors with new ones.” (p. 114, *ibid.*)