



Type of Drug	Name of Drug	Methods of Ingestion	Short-Term Health Hazards	Long-Term Health Hazards
Cannabis	Marijuana/Hashish	Most often smoked Can also be swallowed in solid form	Reduction of inhibitions, panic, impaired memory, paranoia, loss of coordination, loss of interest and motivation, changes in perception	Interference with psychological motivation, possible sterility, may impair heart function and immune systems, psychological dependence
Alcohol	Beer Wine Liquor	Swallowed in liquid form	Decreased alertness, impaired judgment and reflexes, loss of coordination, depression, stupor, nausea, impaired memory, unconsciousness, death	Addiction, obesity malnutrition, fetal alcohol syndrome, impotence, severe mental disorders, ulcers, brain damage, delirium tremens, liver damage, death
Other Depressants	Barbiturates Pentobarbital Secobarbital Amobarbital	Swallowed in pill form or injected into veins	Decreased alertness, confusion, drowsiness, irritability, poor coordination and judgment, death	Loss of appetite, sleeplessness, nausea, addiction, death
	Narcotics Dilaudid, Percodan Demerol, Methadone Morphine Heroin Codeine	Swallowed in pill form Injected ----- Injected into veins Smoked/Sniffed ----- Swallowed in pill or liquid form	Decreased alertness, confusion, hallucinations, stupor, slurred speech, nausea, vomiting, unconsciousness, death	Constipation, temporary sterility and impotence, hepatitis and AIDS from dirty needles, convulsions, addiction, coma, death
Stimulants	Amphetamines Amphetamine Dextroamphetamine Methamphetamine	Swallowed in pill or capsule form Injected into veins	Excitation, restlessness, rapid speech, irritability, convulsions, death	Insomnia, excitability, hallucinations, severe mental disorders, malnutrition, death
	Cocaine ----- Free-based	Most often inhaled (snorted); injected or swallowed in powder form; smoked ----- Smoked in a pipe	Irritability, depression, mental disorders, death	Damage to lining of nose and blood vessels when sniffed, severe mental disorders, death
	Nicotine	Smoked in cigarettes, cigars, and pipes Also found in snuff and chewing tobacco	Headache, loss of appetite, nausea	Cancer of the mouth and lungs, heart disease, difficulty in breathing, heart and lung diseases, death



Type of Drug	Name of Drug	Methods of Ingestion	Short-Term Health Hazards	Long-Term Health Hazards	
Steroids	Anabolic Steroids Anavar Anadrol-50 Winstrol Maxibolin Dianabol	By mouth or injection	Acne, nausea, vomiting, diarrhea, excitation, power delusions, insomnia, paranoid episodes, chills, impotence, uncontrollable violence, death	Excessive muscle building, baldness, deeper voice, irreversible hairiness, iron-deficiency anemia, heart disease, liver ailments, sterility, coma, death	
	Hallucinogens	PCP (Phencyclidine)			Most often smoked Can also be inhaled (snorted). Injected, or swallowed in tablets Often found in marijuana cigarettes
		LSD			Injected or swallowed in tablets
Inhalants	Mescaline	Usually ingested in their natural form	Poor coordination, stupor, impaired thought processes, unconsciousness, violent behavior, death	Hallucinations, damage to liver, kidneys, and bone marrow, brain death	
	Psilocybin				
	Nitrous Oxide	Inhaled or sniffed by mask or cone			
	Nitrites Amyl Butyl	Inhaled or sniffed from gauze or ampules		Neuropathy, muscle weakness, death by anoxia	