

Dear Parent:

Your child \_\_\_\_\_ was seen in the nurse's office at \_\_\_\_\_ (school) with the following symptoms:

- 1) Dry scaly ring-like lesions of the skin
- 2) Slowly enlarging scaly, bald patches of the scalp

Your child will need to see a physician before returning to school. Please bring a note to verify treatment and/or diagnosis. The following information may be of help to you.

How ringworm is spread:

- Direct contact with the skin and/or scalp lesions of infected persons
- Direct contact with articles (caps, combs, towels, etc.) used by a person who has the infection
- Ringworm of the body is less contagious than ringworm of the scalp

Incubation period:

- On the body: 4-10 days
- On the scalp: 10-21 days

Treatment:

- On the body: Topical anti-fungal ointment unless there are more than two lesions. A physician may order an oral anti-fungal medication if the lesions seem to be spreading. The lesions must be covered when at school.
- On the scalp: A Physician will order oral anti-fungal medication. A person must be treated for at least 12 hours before returning to school.

Please follow these guidelines:

- Wash all clothes, bed linens, towels, etc., that may have come in contact with infected wounds the dry in the dryer. Brushes, combs, and hair clasps should be cleaned and soaked in hot water for 10 minutes. All carpets, upholstered furniture, mattresses, etc., should be thoroughly vacuumed and the vacuum bag discarded in a plastic trash bag.

Please bring your child to the nurse's office before returning to the classroom. If you have any questions, please call.

Thank you,

\_\_\_\_\_  
School Nurse