



If possible, it is best for all medication to be given at home. Medication administration should be arranged so a child will not regularly need to take more than one dose during school hours. The initial dose of medication should be administered at home, doctor's office, or hospital. If necessary, medication will be given at school with the following provisions:

1. All medications (prescription and over-the-counter drugs) must be:
 - a. In its original, properly labeled container.
 - b. With a permission slip signed by the parent/guardian (see slip below).
 - c. Placed in a locked cabinet in the trainer's office (exception: asthma inhalers which may be carried by the student if deemed necessary by the physician and parent or legal guardian, and that information has been made known to the trainer, school nurse and principal. In addition, another inhaler must also be kept in the locked cupboard. A written request from the physician for such an exception is required).
2. Sample prescription medication must be labeled with the child's name and accompanied by a signed physician's order.
3. Prescription and non-prescription medication which is either to be given for a period of time greater than ten (10) consecutive days or administered for more than ten (10) doses, whichever is greater, requires signed orders from a physician.
4. The school athletic trainer should be consulted by parents if the child requires long-term medication, any special health care procedure, or monitoring. This information will be shared with the school nurse.
5. Only Authorized District Personnel may administer topical medication to a student as a part of first aid protocol. The district can assume no responsibility for loss or negligent behavior when the student carries his/her medication without knowledge of the athletic trainer and/or school nurse. Non-compliance may subject the student to disciplinary action.

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STUDENT: _____ ID # _____ School _____

PHYSICIAN: _____ PHYSICIAN'S PHONE: _____

*PHYSICIAN'S SIGNATURE: _____ DATE: _____

*(Required only for inhaler)

Can carry inhaler: Yes No

The following medications can be given to your child during an athletic activity, when indicated as stated below and only with your written permission. These medications are not available to be given during regular class periods.

Please ✓ (medication) below:

Parent/guardian signature

- Acetaminophen (Tylenol) 500 mg 1-2 tabs as needed every 4 hours for acute injuries to bones, muscles, or joints _____
- Ibuprofen (Advil) 100 mg 1-2 tabs as needed every 4 hours for headaches, swelling, or mild discomfort _____
- Maalox (aluminum hydroxide equivalent 500 mg tabs) 1-2 tabs as needed every 6 hours for acid indigestion or nausea _____
- Oranyl Plus [500 mg acetaminophen (Tylenol) & 30 mg pseudoephedrine (Sudafed)] 1-2 tabs as needed every 6 hours for sinus congestion or headache _____
- Fosfree/Cramp Relief (multivitamin) 1-2 tabs as needed every 4 hours of prevention of muscle cramps _____
- Mylanta (siethicone) 2-4 teaspoons every 4 hours as needed for acid indigestion, heartburn, sour stomach and/or symptoms of gas & upset stomach _____
- Collyrium, Saline and Contact Wetting Solution (eye solutions) as needed for removal of foreign bodies, and to replace contacts. _____

Additional information: _____

I give permission for the medication(s) listed on this page to be administered to my child at school. I understand that the Board of Trustees and District employees are not liable for damages or injuries from administration of medication to my child in accordance with Texas Education Code 21.905.

Parent/Guardian Signature

Home Telephone

Date

Work Telephone