

**To The Parents of Richland High School Athletes and its Feeder Schools; North  
Ridge Middle School & North Richland Middle School**

According to BISD policy all athletes and other related activities are required to have a yearly pre-participation physical examination. We will be offering these physical exams at Richland High School on **Friday May 7<sup>th</sup>**.

We will begin physicals at 2:30 for all high school football players, the doctors will begin at 3:00. We will have all other boy's athletics report to the Gym at 3:45. All girls will report at 4:30.

All **Junior High athletes (boys & girls)** should report to their middle school by **4:00 pm**. Junior High physicals will begin at approximately 5:00. They will be transported to the high school and must be picked up by their parents at Richland High School. The exams for Junior High athletes should **be finish by 7:00 pm**.

The cost for the physical exam will be \$10.00; cash or check made out to Richland High School will be accepted. No athlete will be turned away because of a lack of funds; if there is a financial problem please contact either one of the Athletic Trainers listed below **before the day of the physicals:**

**Dean Broxterman, LAT, ATC – 817-547-7089 or 817-223-8046  
Cynthia West, LAT – 817-547-7506 or 817-980-0204**

**All forms must be completed and signed in the appropriate places or they will be returned to you for completion. If not completed properly this will delay your son/daughters participation in athletic activities.**

The physical examination form is in three parts; the pink copy is to be kept by you for your records and the other two will be returned to the Athletic Trainers. **The UIL requires that the pre-participation physical exam can be done only on the approved form; therefore, no other form will be accepted.** If the exam is done on the wrong form it will be returned to you, again, further delaying your son/daughters participation. Therefore, please make sure you have the correct form by contacting one of the Athletic Trainers listed above.

We look forward to seeing you on May 7, 2010.

**Dean Broxterman, ATC, LAT  
Cynthia West, LAT**